

PAUL AMBROSE  
**SCHOLARS**  
PROGRAM

*Empowering Tomorrow's Healthcare Leaders Today*



# 2009 Program Information and Application Instructions

# 2009 Paul Ambrose Scholars Program

## Application Package

A Collaborative Initiative Sponsored by

Association for Prevention Teaching and Research and the  
Office of Disease Prevention and Health Promotion



### What is the Paul Ambrose Scholars Program (PASP)?

PASP introduces health professions students to influential public health professionals and prepares them to be leaders in addressing public health challenges. This unique experience provides scholarships for 50 students to attend a 3-day leadership symposium and conduct a funded community-based health education project in their community or at their institution.

### Program History

PASP is posthumously named for Paul W. Ambrose, MD, MPH, a rising star in the field of prevention and public health who tragically lost his life on September 11, 2001. At the time of his death, Dr. Ambrose worked for APTR and the US Department of Health and Human Services ODPHP, serving as the 7<sup>th</sup> Luther Terry Fellow. During his fellowship, Dr. Ambrose worked closely with the Office of the Surgeon General and was the point person for multi-agency collaborations addressing public health issues such as obesity, healthy lifestyles, medical school curricula and health disparities.

Dr. Ambrose was committed to caring for the underserved and promoting public health, and he pursued these goals with extraordinary talent, resourcefulness and energy. His vision laid the original groundwork to create a comprehensive student leadership symposium to prepare health professions students to address impending public health challenges. Although Dr. Ambrose never had the opportunity to realize this dream during his lifetime, PASP embodies his ideas and the path he chose guides future health professionals to careers in prevention and public health.

The Paul Ambrose Scholars Program (PASP) is planned and implemented by the Association for Prevention Teaching and Research (APTR). APTR is the professional organization for the academic public health community dedicated to prevention research and interprofessional education. By bringing together individuals and institutions devoted to disease prevention and health promotion, APTR is advancing interprofessional education and research to improve the health professions workforce. APTR represents public health, medical and health professions faculty and their institutions and supports universities, schools and colleges that develop, maintain and advance graduate programs in public health, preventive medicine, social medicine and community health.



PASP is sponsored by the Office of Disease Prevention and Health Promotion (ODPHP) of the U.S. Department of Health and Human Services (DHHS), in collaboration with the American Medical Student Association (AMSA) and Community-Campus Partnerships for Health (CCPH).

*“You will grow and change, you will be challenged, and you will go home with a new perspective on public health.”  
~ PASP Alumnus*

### **Program Focus Areas**

Training opportunities in disease prevention and health promotion are critical for emerging healthcare leaders as our nation struggles with increasing health care costs, escalating numbers of uninsured individuals and rising disease and morbidity rates. Every day it becomes more apparent that healthcare practitioners must be well versed in public health competencies. However, few opportunities currently exist for health professions students to learn these timely leadership and organizational skills in their own institutions.

PASP seeks to abate this gap and meet the current and future health needs of the public by affording student leaders the opportunity to:

- Attend an intense three-day leadership symposium in Washington, DC.
- Implement a funded and mentored health promotion or disease prevention project within the Scholar’s community or at their institution.

### **Symposium**

The Symposium is a non-traditional and interactive forum held in Washington, DC from June 26-28, 2009. The Symposium provides skills-based training by leaders in public health. Past speakers have included Surgeons General, public health officials, industry experts and veteran public health practitioners. This diverse group of thought-provoking leaders has expertise in areas including:

- **Community-based Health Care:**  
The essential elements of community health practice, including logic modeling on how to succeed in meeting the basic healthcare needs of diverse populations.
- **Evidence-based Public Health Decision-Making:**  
Steps for initiating change in a health care education or delivery system by using the best available evidence to make informed decisions.
- **Health Care Finance and Delivery:**  
Learn about the revolution in funding and delivery.
- **Negotiating for Healthcare Leaders:**  
Practical approaches to negotiation, types and sources of conflict and the importance of leadership, power and influence.

- **Community Organizing and Coalition Building:**  
How to establish alliances between groups within a community in order to mobilize the diverse needs and interests around common concerns.
- **Public Speaking and Media Relations:**  
Public speaking 101; how to generate support through public presentations and influence mass media.
- **Policy Advocacy:**  
Effective tools employed by some advocacy organizations to influence healthcare policy.
- **Project Planning:**  
Basic guidelines for your project planning and management.
- **Cultural Competency and Health Literacy:**  
A conceptual framework to outline the relationship between communication, health care quality and patient outcomes.
- **Working in Interprofessional Teams:**  
Gain an understanding of the core principles and concepts of each contributing discipline in the health professions.

*“Perhaps most importantly, we laughed a lot while talking about these serious issues!”  
~ PASP Alumnus*

## **Project**

Following the symposium, Scholars develop and implement a health promotion or disease prevention project at their institutions or in their communities. Students enlist a mentor from their institution who has previous knowledge and interest in prevention and health promotion to guide them in executing the project. Scholars receive a \$200 reimbursable micro-grant to assist with project-related costs.

A variety of potential projects are acceptable micro-grant activities. Some examples include implementing a field project on improving health promotion and disease prevention in their community, brown-bag seminars for the student community, developing an elective rotation in community-based public health, forming an active prevention and public health interest group or working with the school’s curriculum committee to incorporate prevention content into an existing course. More examples of past projects can be found on the [APTR website](http://www.aptrweb.org).

*“My project launched me into a research assignment that resulted in a publication in a major journal.”  
~ PASP Alumnus*

## Eligibility

Applicants must be a current student in one of the following areas of graduate study within the US:

- Allopathic Medicine (entering years 2-4 in fall 2009)
- Dentistry (entering years 2-4 in fall 2009)
- Graduate Nursing
- Graduate Physician Assistant
- Osteopathic Medicine (entering years 2-4 in fall 2009)
- Pharmacy (entering years 5 or 6 in a PharmD program in fall 2009)

\*Please Note: The symposium presents introductory information for clinical students without prior advanced public health training. Students enrolled in public health programs or students with graduate degrees in public health are NOT eligible. Applicants graduating in the spring/summer 2009 are NOT eligible.

## Distinction

You will be designated and carry the title of Paul Ambrose Scholar upon completion of the symposium and your project, which will connect you to our exceptional network of alumni. Alumni describe participation in PASP as a quintessential experience in their training and career as a developing public health leader.

*“PASP is life changing! People are continually impressed by my involvement in such a distinguished organization.”  
~ PASP Alumnus*

## Symposium Logistics

APTR directly pays for hotel accommodations on Thursday, June 25; Friday, June 26; and Saturday, June 27. Scholars share double-occupancy rooms with a same-sex peer. Scholars in need of their own room will need to pay the difference (about \$85/night). A light dinner will be provided on Thursday, breakfast and lunch will be provided on Friday and Saturday, and breakfast will be provided on Sunday. A \$250 travel stipend to help cover other costs of air and ground transportation as well as meals not otherwise included will be made available by APTR on a reimbursement basis. Participants are required to submit itemized receipts for reimbursable expenses. The stipend will not cover alcoholic beverages, long-distance phone calls, souvenirs, toiletries, or other incidentals. Students residing in the metropolitan DC area will be reimbursed for local transportation or parking and mileage for a personal vehicle (\$0.505/mile).

## Application Instructions

All applicants are required to complete the PASP online application:

Please visit the PASP webpage on the APTR website at <http://aptrweb.org/pasp> to find the online application link.

You must complete all of the required fields and submit the application in a single session. Incomplete applications will not be saved for later use. If you close the application window before submission, you will need to start the application in a new window.

Please be sure that you have all of the required application materials and information prior to beginning the online application.

The application requires general applicant information as well as three attached documents. These documents must be attached to the online application in the specified places as word documents or .pdf files. Include your name and contact information in all documents.

- **Applicant curriculum vitae or resume**
- **One letter of recommendation from a faculty member at your institution**  
*The recommendation letter may be written by your proposed project mentor*
- **Applicant statement of interest**  
*In 500 words or less please briefly address the following:*
  - What strengths and attributes will make you a successful Paul Ambrose Scholar
  - What skills you would like to acquire as a Paul Ambrose Scholar that will help you advance prevention education at your school or in your community
  - How you expect to grow professionally or personally as a result of this experience
  - The prevention education or health promotion project you plan to implement at your institution or in your community

In addition applicants are required to provide:

- **Faculty Recommender:** name, address, email and phone number
- **Project Mentor:** name, address, email and phone number  
*Paul Ambrose Scholars develop and implement a health promotion or prevention education project at their institutions or in their communities. Students enlist a mentor from their institution who has previous knowledge and interest in prevention and health promotion to guide them in executing the project. It is important that applicants have approached their potential project mentor and the mentor has agreed to fulfill this role for the applicant prior to application submission.*
- **Academic institution:** name and address
- **Department chair/authorized certifying official:** name, title, email and phone number  
*If selected as a Paul Ambrose Scholar, APTR will contact the authorized certifying official to verify that you are a student in good standing at the stated institution.*

**The online application must be electronically submitted with all required attachments no later than midnight on Wednesday, February 11, 2009**



## Review Process

- APTR will examine all applications for completeness.
- APTR will notify applicants via email of application receipt three business days after the application deadline.
- Each application will be objectively reviewed by a committee comprised of faculty, health professionals and past Paul Ambrose Scholars. The review is based on the applicant's statement of interest, credentials and experience, mentor selection, project proposal and recommendation letter.
- Applicants will receive notification about participant selections no later than April 1, 2009.

Please contact APTR for additional information.

**Phone: (202) 463-0550, ext 123**  
**E-mail: [training@aptrweb.org](mailto:training@aptrweb.org)**  
**Web: [www.aptrweb.org](http://www.aptrweb.org)**

*\*All applicants receive equal consideration without regard to race, religion, color, national origin, political affiliation, age, sexual orientation or any other non-merit factor.*

